SESSION 5: THE PURITANS: HOW SHOULD WE THEN LIVE?

- 1 History
- **1.1 The English Reformation**
- 1.2 The Elizabethan Settlement (1558-9)
- **1.3** The rise and fall of the Puritans

- 2 Theology
- 2.1 God's Word defines the faith
 - 1. Faithfulness
 - 2. Plainness

2.2 God's Word orders the church



REAL FOOD SHORT TALKS: GLORY TO THE KING OF AGES - LESSONS FROM CHURCH HISTORY

2.3 God's Word dwells in the heart

- 1. "A ministry without the Spirit"
- 2. "The Spirit without a ministry"

3 Life

3.1 Putting sin to death

- 1. Consider the guilt of your sin
- 2. Consider the danger of your sin
- 3. Consider the evils of your sin
- 4. Examine your sin in the light of God's law
- 5. Examine your sin in the light of the gospel
- 6. Cultivate a desire to be rid of that sin
- 7. Don't give any time to things which feed your natural temptations
- 8. Don't give any room for sin when temptation appears
- 9. Think about the greatness of God
- 10. Think about how small you are
- 11. Don't be satisfied with peace until you've first been grieved
- 12. Consider the fullness of grace in the cross of Jesus
- 13. Consider Jesus' mercy as a high priest
- 14. Consider Jesus' faithfulness in his covenant
- 15. Enjoy the relief the Spirit brings

3.2 **Biblical meditation**

But seek first his kingdom and his righteousness, and all these things will be given to you as well.

Matthew 6:33

- 1. Understanding
- 2. Cogitation
- 3. Soliloquy
- 4. Prayer

